

# LAKE CASTLE TUMBLING CLASSES 2013

## PPK – 3<sup>RD</sup> GRADE

Session I August 26- Oct 21

Session II Oct 28 – Dec 16

FEE \$70 (non-refundable) per session

BACK TO SCHOOL SPECIAL \$105 for both sessions if paid by August 2 (non-refundable).

Class size limited and students are grouped according to ability.

Classes will be held during PE on Mondays.

New students learn basic skills in tumbling. Focus will be on correct drills to enhance beginner to intermediate tumbling. All students will learn proper technique to strengthen the arms and legs, enabling proper headstand, handstands, cartwheels, and back walkovers. Returning students will work on back handsprings and back tucks according to ability.

---

Name \_\_\_\_\_ Class \_\_\_\_\_

EMAIL \_\_\_\_\_ Session \_\_\_\_\_

Make checks payable to CASH and return in an envelope marked “Tumbling”.

Contact kwkdmk@att.net for more information.